



WinSport has designed an 8-week, fully inclusive multi-sport program for all Calgarians with and without physical disabilities to discover adapted wheelchair sport opportunities. Participants who register are encouraged to invite family members, friends, or teammates to join them during this program. (And don't worry, we provide wheelchairs for those not equipped with their own!)

Each week, participants will be introduced to a different wheelchair sport delivered by expert coaches from local and provincial sport organizations in each respective sport. Having the sport organizations lead the sessions gives the participants the best experience possible.

This creates a great opportunity to communicate directly with the organization on how to get more involved. Registration is completely FREE thanks to funding received from The Calgary Flames Foundation and the Government of Alberta's Recreation & Physical Activity Division (RPAD) grant.

This has allowed us to make our program as unrestricted as possible for the people interested in trying out something new!

**Dates:**

April: 6, 13, 27

May: 4, 11, 25

June 1, 8

**Time:**

Saturdays from 2:30pm – 4:30pm

**Sports**

Wheelchair Tennis

Wheelchair Curling

Wheelchair Basketball

Wheelchair Rugby

Wheelchair Fencing

Wheelchair Athletics

Sledge (on rollers)

Handcycling

To register please contact Jackson Sinclair (Team Lead of the Performance Training Centre) directly at [jsinclair@winsport.ca](mailto:jsinclair@winsport.ca)

P: 403-202-6528

